Contents

Section 1: INFERTILITY

1.	Counseling of an Infertile Couple3
	Chaitanya Nagori When to Start the Treatment? 4 Counseling for Semen Analysis 4 Counseling for Cervical Factor 5 What Information do we get from a Normal Postcoital Test? 6 Counseling for Uterine Factor 7 Counseling for Tubal Factor 7 Counseling for Ovarian Causes 8 Unexplained Infertility 8 Counseling for In Vitro Fertilization 9
2.	Hormonal Assessment of an Infertile Couple11
	Chaitanya Nagori Investigations for the Infertile Women 11
3.	Clomiphene Citrate26
	Chaitanya Nagori Mechanism of Action 26 Indications of Clomiphene Citrate 26 Unexplained Infertility 27 Contraindications 27 Treatment Regimes 27 Monitoring 28 Results 29 Side Effects 29 Treatment Alternatives 31
4.	Letrozole38
	Chaitanya Nagori Mechanism of Induction of Ovulation 38 Indications 39 Characteristics of Letrozole 39 Advantages 39 Doses 40 Side Effects (Drawbacks) 41 Future Uses 41 Author's View 42
	 Letrozole + Gonadotropins 42 Letrozole + Clomiphene Citrate 42
	·

00 Prelims.indd 11 27-08-2020 15:30:19

Handbook of Infertility ar	id Ultrasound	l for Practicing	g Gyneco	logists
----------------------------	---------------	------------------	----------	---------

5.	Gonadotropins45
	Chaitanya Nagori
	■ Physiology 45
	 Follicle-stimulating Hormone Preparations Available 46 Principles of Gonadotropin Therapy 46
	 Principles of Gonadotropin Therapy 46 Physiology of Ovulation 46
	■ Different Regimes of Gonadotropin Therapy 46
	Recombinant Follicle-stimulating Hormone 49
	 Protocols for Assisted Reproductive Technology 53
	 Predictors of Ovarian Response 55
	Luteinizing Hormone Supplementation:For Whom, When, and Why? 56
	■ Recombinant Luteinizing Hormone 57
6.	Intrauterine Insemination62
0.	Chaitanya Nagori, Sonal Panchal
	 Indications of Intrauterine Insemination 62
	 Steps of Intrauterine Insemination 63
	Our Experiences 70
7.	Sperm Preparation73
	Chaitanya Nagori
	■ Collection of Semen Sample 73
	Sperm Preparation Methods 75
8.	Luteal Phase Defect84
	Chaitanya Nagori, Sonal Panchal
	Luteal Phase Physiology 84
	 Pathophysiology of Luteal Phase Defect 85
	 Rescue of Corpus Luteum in Infertile Patient 86 Diagnosis of Luteal Phase Defect 87
	 Diagnosis of Luteal Phase Defect 8/ Controversies in Diagnosis 88
	■ Luteal Phase Support 89
	■ Progesterone Resistance 100
	 Onset of Luteal Support 100
	 Duration of Luteal Support 101
9.	Ovulation Induction in PCOS106
	Chaitanya Nagori
	 Principles of Treatment 106 Treatment Modelities in Polycyclic Overs Syndrome 106
	■ Treatment Modalities in Polycystic Ovary Syndrome 106
10.	Medical Management of Male Infertility120
	Chaitanya Nagori Preventive Measures 120
	 Preventive Measures 120 Criteria for Medical Management in Male Infertility 121
	■ Treatment Options 122

00 Prelims.indd 12 27-08-2020 15:30:19

	 Antioxidants 128 Dosage of Drugs 131 Dosage of Antioxidants 132
11.	Recurrent Pregnancy Loss
12.	Practical Tips for Infertility Management
	Section 2: ULTRASOUND
	Optimizing the Image and Basic Transvaginal Sonography
14.	Ultrasound in Uterine Diseases
15.	Ultrasound in Gynecology: Adnexal Diseases

00 Prelims.indd 13 27-08-2020 15:30:19

Handbook of Infertility ar	id Ultrasound	l for Practicing	g Gyneco	logists
----------------------------	---------------	------------------	----------	---------

16.	Cycle Assessment for Infertility Treatment by Ultrasound251
	Sonal Panchal Baseline Scan 251 Baseline Scan of Ovaries 252 Ultrasound and Doppler Features for Polycystic Ovaries 253 Uterus 261 Preovulatory Scan 261 Features of a Mature Follicle 262 Application of 3D US for Follicular Assessment 264 Features of a Mature Endometrium 264 Endometrial Grading 265 Secretory Scan 270 Luteinized Unruptured Follicle 271 Luteal Phase Defect 272
17.	Normal and Abnormal First-trimester Pregnancy277 Sonal Panchal Confirmation of Pregnancy 279
18.	Normal Fetal Anatomy in Second Trimester
19.	Fetal Screening for Chromosomal Anomalies
20.	Systematic Examination of Fetal Central Nervous System: How Much Should an Obstetrician Know?
	 Qualitative Examination of the Head 366

00 Prelims.indd 14 27-08-2020 15:30:19

	 Study of the Cerebral Vasculature 373 Qualitative Evaluation of Fetal Spine 374 Quantitative Assessment of Head 375 Fetal Spine Examination in High-risk Patients Demands Study of all the Three Planes 384
21.	Fetal Echocardiography for Obstetrician
22.	Role of Ultrasound in Diagnosis and Management of Fetal Growth Restriction
23.	Ultrasonography in Male Infertility
24.	3D and 4D Ultrasound in Obstetrics and Gynecology482 Sonal Panchal Volume Ultrasound in Obstetrics 486 Nuchal Scan 488 Ovarian Lesions 507 Preovulatory Scan 509

27-08-2020 15:30:19 00 Prelims.indd 15