

Contents

UNIT I: BASIC CONCEPT TO NURSING FOUNDATION

Chapter 1: Overview of Nursing	3
• Concept of Nursing	4
• Definition	4
• Aims	7
• Philosophy	7
• Goals	8
• Objectives	8
• Highlight of Historical Perspective of Nursing	9
• Development of Nursing in India	9
• Historical Development of Nursing Education in India	14
Chapter 2: Nursing as a Profession	19
• Definition of Profession	20
• Terminology	20
• Nursing as a Profession	20
• Nursing and Professionalism	21
• Requisites of a Professional Nurse	22
• Values of Professional Nurse	22
• Scope in Nursing Profession	23
• Model for Skill Acquisition in Nursing Profession	24
• Nursing Responsibilities	24
• Expanded Nursing Roles	26
• Professional Organization	27
• WHO	34
• UNICEF	37
• CARE	39
• International Red Cross	40
• Indian Red Cross	41
• Commonwealth Nurses Federations	41
• UNRRA	41

Chapter 3: Changing Face of Nursing	43
• Current Aims of Nursing Education	48
• Current Educational Trend and Issues in Nursing	48
Chapter 4: Ethical Concern	53
• Definition of Ethics	54
• Meaning of Ethics	54
• Types of Ethics	54
• Approaches of Ethics	56
• Principles of Ethical Reasoning in Health Care	57
• Application of Ethical Principles in Nursing	59
• Ethical Problems	59
• Ethical Decision-making in Nursing	62
• Ethical Conduct	63
• The Virtues of Nurses	63
• Ethical Agency	63
• Ethical Accountability	63
Chapter 5: Legal Implications	69
• Meaning of Law	70
• Definition of Law	70
• Types of Law	71
• Professional and Legal Regulations of Nursing Practice	74
• Legal Aspect and Student Liability	89

UNIT II: PROMOTING HEALTH ACROSS THE LIFESPAN

Chapter 6: Health and Illness	97
• Definition of Health	98
• Philosophy of Health	99
• Dimensions of Health	100
Chapter 7: Concept and Theories of Lifespan Development	119
• Definitions	120
• Different Theories of Growth and Development	126
Chapter 8: Beginning of Lifespan: Conception Through Preschooler	140
• Intrauterine Development (Conception to Birth)	141
• Common Health Needs and Nursing Consideration in Newborn Period	144
Chapter 9: Advancement of Lifespan: School-age and Adolescent	163
• School-age Child (6 to 12 Years)	164
Chapter 10: Mid Sky of Lifespan: Young Adult and Middle Adult	179
• Young Adult (20 to 40 Years)	180
• Middle Adult (40 to 60 Years)	181

- Common Health and Developmental Problems of Each Stage and Nursing Considerations 185

Chapter 11: Sunsetting of Lifespan: The Old Age 189

- Terminology 190
- Older Adult (60 Years and Above) 191
- Common Health Needs or Concerns and Nursing Consideration in Older Adult Period 193
- Common Health and Developmental Problems of Old Stage and Nursing Considerations 195
- Acute Care Settings for Older Adults 195
- Restorative Care and Older Adults 197

Chapter 12: Stress and Adaptation 198

- Concept of Stress 199
- Theories of Stress 202
- Effects of Stress on Basic Human Need 210

UNIT III: CONCEPTUAL FRAMEWORK FOR NURSING PRACTICE

Chapter 13: Introduction to Nursing Theory 225

Chapter 14: Review of Selected Nursing Theory 235

- Nightingale's Environmental Theory 236
- Peplau's Interpersonal Relation Model 238
- Henderson's Definition of Nursing Theory 240
- Abdellah's Typology of Nursing Problems 242
- Rogers' Unitary Human-beings Model 243
- Orem's General Theory of Nursing 246
- King's Goal Attainment Theory 248
- Newman's System Model 251
- Roy's Adaptation Theory 254
- Orlando's Theory of the Deliberative Nursing Process 257
- Hall's Core, Care and Cure Model 258
- Wiedenbach's Helping Art of Clinical Nursing Theory 259
- Levine's Conservation Model 260
- Leininger's Culture Care Diversity and Universality Theory 261
- Johnson's Behavioral System Model 262
- Watson's Human Caring Theory 264
- Parse's Human Becoming Theory 265
- Patricia Benner's and Judith Wrubel's Primacy of Caring Model 265
- Kristen Swanson's Theory of Caring 266

UNIT IV: CRITICAL THINKING AND NURSING PROCESS: THE FOUNDATION FOR CLINICAL PRACTICE

Chapter 15: Critical Thinking	277
• Meaning and Concept of Critical Thinking	279
Chapter 16: Nursing Process	295
• Definition of Nursing Process	296
• Meaning and Concept of Nursing Process	296
• Historical Overview of Nursing Process	296
• Characteristics of Nursing Process	297
Chapter 17: Nursing Assessment	306
• Meaning of Assessment	307
Chapter 18: Nursing Diagnosis	329
• Definition of Nursing Diagnosis	330
Chapter 19: Outcome Identification and Planning	351
• Focus on Outcome Identification and Planning	352
• Definition of Outcome Identification	352
Chapter 20: Nursing Implementation	365
• Definition	366
Chapter 21: Evaluation	374
• Definition of Evaluation	375

UNIT V: QUALITY CONTROL

Chapter 22: Quality Care, Quality Assurance and Total Quality Management	393
Chapter 23: Nursing Audit and Standard	411
• Brief History of Nursing Audit	412
Chapter 24: Tools of Evaluation	432
• Evaluation of Nursing Service	433
• Meaning of Nursing Service Evaluation	433

UNIT VI: CONCEPT OF HEALTH CARE AND NURSING CARE

Chapter 25: Health Care Concept and Delivery System	451
• Definition of Health Care	452
• Characteristics of Health Care	452
Chapter 26: Nursing Care Delivery System	466
• Definition of Nursing Care Delivery System	467
• Models of Nursing Care Delivery System	467
• Basic Elements of Nursing Care Delivery	467
• Types of Nursing Care Delivery System	468

Miscellaneous	491
Appendices	503
• Appendix 1: Roles of Family and Nursing Interventions to Promote Health and Prevent Illness 503 • Appendix 2: Assessment of Common Reflexes of Newborn 505 • Appendix 3: State of Sleep and Activity of Newborn 507 • Appendix 4: Growth and Development Parameters/Milestone 508 • Appendix 5: Sleep Disturbance in Infancy and Childhood 513 • Appendix 6: Common Injury in Infancy and Preventive Measures 514 • Appendix 7: Injury Prevention in Toddlerhood 517 • Appendix 8: Developmental Behaviors of School-age Children and Adolescent 519 • Appendix 9: Common Injury and Preventive Measures in School-age Children 521 • Appendix 10: Application of Nursing Theory in Relation to Nursing Process 523 • Appendix 11: Nursing Process Format with Clinical Example 535 • Appendix 12: Daily Nursing Assessment Format 539 • Appendix 13: Taxonomy I—NANDA Approved Nursing Diagnosis (1998) 542 • Appendix 14: Taxonomy—NIC Classification of Nursing Implementation 547 • Appendix 15.1: American Nurses Association Code of Ethics 549 • Appendix 15.2: Canadian Nurses Association Code of Ethics 550	
<i>Glossary</i>	551
<i>Suggested Reading</i>	569
<i>Index</i>	571