Contents

1.	Ocular Hypertension	1
	Shibal Bhartiya, Parul Ichhpujani	
	Case 1: No treatment required for ocular hypertension 1	
	Case 2: Treatment for ocular hypertension required depending on age I	
	Case 3: Treatment for ocular hypertension required depending on central corneal thickness 1	
	• How to manage this patient if his central corneal thickness measured 480 microns? or 610 microns? 2	
	Case 4: Treatment for ocular hypertension required depending on dv and high peak pressures 2	
	 Investigations 3 Follow-up Protocol 3 Commentary 3 	
2.	Glaucoma Suspect	6
	Augusto Vieira, Tiago Prata, Fabio Kanadani, Syril Dorairaj	
	Who is a Glaucoma Suspect? 6	
	Case 1: Strong risk factors 6	
	Case 2: Disc hemorrhage 6	
	Case 3: Low central corneal thickness 7	
	Case 4: Disc asymmetry 7	
	Case 5: Diurnal variation of intraocular pressure 8	
	Case 6: Glaucoma suspect at a young age 9	
	Literature review 10 Intraocular Pressure 10 Optic Nerve Head 10 Central Corneal Thickness 10 Risk Factors for Glaucoma 11	
3.	Primary Open-Angle Glaucoma	13
	Shibal Bhartiya, Parul Ichhpujani	
	Case 1: No treatment required for early primary open-angle glaucoma 13	
	Case 2: Treatment for early primary open-angle glaucoma required depending on age 14	
	Case 3: Treatment for early primary open-angle glaucoma required depending on central corneal thickness	16
	Case 4: Treatment for moderate primary open-angle glaucoma requiring more than one antiglaucoma medication 19	
	Case 5: Treatment of severe primary open-angle glaucoma requiring surgery since not controlled on maxim tolerable medical therapy 19	al
	Case 6: Treatment of severe primary open-angle glaucoma requiring surgery at first diagnosis due to severe visual field loss 20	

	Investigations 20 Follow-up Protocol 21 What is the Natural Course of the Disease? 21 Broad Guidelines for Management 22	
4.	Medical Therapy: Monotherapy, Fixed Combinations, Side Effects and Quality of Life Implications	25
	Simon Skalicky, Ivan Goldberg	
	Case 1: Monotherapy 25	
	Case 2: Fixed drug combinations 25	
	Case 3: Side effects and quality of life 28	
	 Investigations 29 Follow-up Protocol 29 Brief Review of Literature 29 Summary 30 Pharmacological Classes 30 Fixed Combination Medications 30 Preserved versus Preservative Free Preparations 30 Drop Instillation Technique (Instructions for New Patients) 31 Commentary 31 	
5.	Laser Trabeculoplasty	33
	Shibal Bhartiya, Parul Ichhpujani Indications 33 Contraindications 34	
	Case 1: SLT for drug induced ocular surface disease 34	
	Case 2: SLT for patient unable to instill drugs 34	
	Case 3: SLT for angle closure 34	
	Case 4: Repeat SLT 35	
	 Repeatability of Selective Laser Trabeculoplasty 35 Selective Laser Trabeculoplasty versus Argon Laser Trabeculoplasty 35 	
6.	Angle-Closure Glaucoma	36
	Sushmita Kaushik, Pankaj Kataria Stages of Angle-Closure Disease 36 • Primary Angle-Closure Suspect 36 • Primary Angle Closure 36 • Primary Angle-Closure Glaucoma 36 • Acute Angle Closure 36 Epidemiology 37 Risk Factors 37 • Demographic Factors 37 • Anatomic Factors 37 • Precipitating Factors 38	

	Diagnosis 38 External Examination 38 Penlight Examination 38 Slit-Lamp Examination 38 Gonioscopy 38 Other Imaging Techniques 39 Management 39 Primary Angle-Closure Suspect 39 Primary Angle Closure 39 Primary Angle-Closure Glaucoma 39	
7A.	Trabeculectomy versus Tube	41
	Giovanna Casale-Vargas, Oscar Albis-Donado, Gabriel Lazcano-Gómez	
	Case 1: Trabeculectomy with mitomycin C 41	
	Case 2: Trabeculectomy with biodegradable collagen matrix implant, ologen 41	
	Case 3: EX-PRESS mini glaucoma shunt 41	
	Case 4: Primary Ahmed valve implant 44	
	Case 5: Ahmed valve implant and neovascular glaucoma 44	
	Investigations 44 • Follow-up Protocol 44 Brief Review of Literature 45 Summary 46	
7B.	Choice of Surgery: Nonpenetrating Deep Sclerectomy	48
	Sylvain Roy, André Mermoud	
	Case 1: Primary open-angle glaucoma 48	
	Case 2: Pseudoexfoliative glaucoma 49	
	Case 3: Normal tension glaucoma 49	
	Case 4: Angle-closure glaucoma and neovascular glaucoma 50	
	Case 5: Traumatic glaucoma 50	
	Case 6: Uveitic glaucoma 51	
	Case 7: Pigmentary glaucoma 52	
	Investigations 52 Follow-up Protocol 53 Brief Review of Literature 53 Summary 53	
7C.	Transscleral Cyclophotocoagulation	55
	Monica Gandhi, Suneeta Dubey, Julie Pegu, Nishtha Singh Mechanism of Action 55 Indications 55	

	Case 1: TSCPC for NVG 56	
	Case 2: TSCPC for postkeratoplasty glaucoma 57	
	Case 3: TSCPC for failed glaucoma surgery 57	
	How to Use a G-Probe? 58	
	How many Quadrants to Treat? 58 Complications 58	
7D.	Endocyclophotocoagulation	59
	Parul Ichhpujani, Shibal Bhartiya	
	Indications 59 Contraindications 60	
	Technique 60	
	• Equipment 60	
	Case 1: Endocyclophotocoagulation with phacoemulsification 60	
	Case 2: Endocyclophotocoagulation in angle closure 61	
	Case 3: Endocyclophotocoagulation-plus 61	
8.	Complications after Trabeculectomy	62
	Oana Stirbu, Jorge Vila Arteaga	
	Case 1: Overfiltering bleb 62	
	Case 2: Corneal dellen 62	
	Case 3: Wound leak 63	
	Case 4: Fistula obstruction 64	
	Case 5: Postoperative hyphema 64	
	Case 6: Malignant glaucoma 65	
	Case 7: Blebitis and bleb-related endophthalmitis 65	
	Case 8: Ischemic bleb 66	
	Case 9: Tenon cyst 66	
	Case 10: Dysesthetic bleb 67	
9.	Tube Complications	68
	Nadia Ríos-Acosta, Oscar Albis-Donado	
	Case 1: Hypotony resolved without treatment 68	
	Case 2: Hypotony that requires treatment 68	
	Case 3: Tube exposure 68	
	Case 4: Aqueous misdirection 69	
	Case 5: Corneal decompensation 69	
	Case 6: Tube blockage 70	

	Follow-up Protocol 70 Brief Review of Literature 70 Shallow or Flat Anterior Chamber 71 Hypertensive Phase 72 Corneal Decompensation 73 Motility Disorders 73 Tube Exposure 73 Endophthalmitis 73 Complications of Ahmed Valve Implant on Children 73	
10.	Complications of Nonpenetrating Deep Sclerectomy	75
	Sylvain Roy, André Mermoud	
	Case 1: Rupture of the thin trabeculo-Descemet's membrane 75	
	Case 2: Leak of the filtering bleb (Seidel's sign) 76	
	Case 3: Hypotony 77	
	Case 4: Bleb fibrosis and encystment of the bleb 77	
	Case 5: Secondary rise in the intraocular pressure 78 Investigations 78 Follow-up Procedure 79 Brief Review of Literature 79 Summary 79	
11.	Complications of Newer Surgeries	80
	Youssef Abdelmassih, Sylvain el-Khoury, Ziad Khoueir, Tarek Shaarawy Classification 80 Complications 80	
	Case 1: Medical management of shallow anterior chamber after EX-PRESS glaucoma filtration device 81	
	Case 2: XEN Gel-stent implant combined with cataract surgery 81	
	Case 3: CyPass Micro-stent implantation with postoperative hyphema 81	
	Case 4: Hypertony following iStent implantation 83 Management of Complications 84 • Intraocular Pressure Increase 84 • Hyphema 84 • Hypotony/Shallow Anterior Chamber 84 • Stent Occlusion 84 • Bleb Leak 85	
12A	. Glaucoma in Children	86
	Alejandra Hernandez-Oteyza, Oscar Albis-Donado	
	Case 1: Primary congenital glaucoma 86	
	Case 2: Juvenile open-angle glaucoma 86	
	Case 3: Glaucoma associated with nonacquired ocular anomalies 87	
	Case 4. Claucoma associated with nonacquired systemic disease or syndrome 87	

• General Appearance/General Examination 91

Investigations 91

Visual Acuity and Refraction 91	
 Tonometry 91 Corneal Diameter Measurement 91 	
• Gonioscopy 91	
• Optic Nerve Assessment 92	
 Ultrasound 92 Anterior Segment Images 92	
• Automated Perimetry 92	
• Ocular Coherence Tomography with Retinal Nerve Fiber Layer and Ganglion Cell Complex Analysis 92	
Follow-up Protocol 92 Summary 92	
Sammary 02	
12B. Postrefractive Surgery Glaucoma	96
Mona Khurana, Aditya Neog	
Investigations 96 • Prerefractive Surgery Screening 96	
 Postrefractive Surgery 96 	
Case 1: Steroid-induced glaucoma postrefractive surgery 97	
Case 2: Primary open-angle glaucoma in the postrefractive surgery period 97	
Case 3: Late detection of secondary glaucoma following laser-assisted in-situ keratomileusis 97	
Case 4: Bilateral acute angle-closure glaucoma following hyperopic laser-assisted in-situ keratomileusis	98
Case 5: Unilateral acute angle-closure glaucoma following phakic intraocular lens implantation 98	
Management of Glaucoma 98	
Medical Management 98Laser 98	
• Surgery 98	
• Follow-up 99	
Review of Literature 99 • Intraocular Pressure Measurement 99	
Steroid Response 99	
Acute Optic Neuropathy Postlaser-assisted in-situ Keratomileusis 99	
• Acute Angle-Closure Glaucoma 100	
12C. Glaucoma after Vitreoretinal Surgery	102
Gowri J Murthy, Praveen R Murthy	
Classification 102	
Risk Factors for Postvitreoretinal Surgery Glaucoma 102 Case 1: Postsilicone oil-removal glaucoma 102	
Case 1: Postsmicone on-removal glaucoma 102 Case 2: Postoperative steroid-induced glaucoma-managed medically 104	
Case 3: Multiple mechanisms for raised intraocular pressure requiring surgical management 105 Case 4: Iris bombe causing secondary angle closure and silicone oil overfill 107	
Case 17 in a bombe endoming secondary unique closure and smeone on overime 107	
Case 5: Silicone oil-induced glaucoma in a high myope managed with silicone oil removal with endoscopic cyclophotocoagulation 108	

	Investigations 110 Management 112		
	• Medical Management 112		
	• Laser Iridotomy 113		
	• Surgical Management 113 Follow-up Protocol 114		
	Brief Review of Literature 114		
	Summary 114		
12D.	Neovascular Glaucoma		117
	Jasleen Dhillon		
	Etiopathogenesis 117 • Diabetes 117		
	• Ischemic Central Retinal Vein Occlusion 117		
	Carotid Artery Obstructive Disease 117		
	Clinical Features 117 Management 118		
	• Grades of Neovascular Glaucoma 118		
	Panretinal Photocoagulation 118		
	 Antivascular Endothelial Growth Factor 118 Medical Management of Neovascular Glaucoma 119 		
	Surgical Management of Glaucoma 119		
	Case 1: NVG in a diabetic with PDR 119		
	Case 2: NVG in vascular occlusion 119		
	Case 3: Anti VEGF for NVG 120		
	Case 4: PRP for NVG 120		
	Case 5: PPV with GDD for NVG 121		
	Case 6: TSCPC for NVG 121		
12E.	Cataract and Glaucoma		123
	M Chockalingam		
	Case 1: Cataract surgery alone in an eye with no prior glaucoma filtration surgery	123	
	Case 2: Cataract and glaucoma surgery 123		
	Case 3: Sequential glaucoma and cataract (cataract surgery post-trabeculectomy)	125	
	Workup of a Patient before Decision Making and Surgery 126		
	Follow-up Protocol 126 Key Points to be Considered in Decision-making 127		
	• Cataract Surgery Alone with No Previous Glaucoma Filtration Surgery 128		
	Combined Cataract and Glaucoma Surgery 129		
	Two-staged Cataract and Glaucoma Surgery 130		
12F.	Compliance		131
	Shibal Bhartiya, Parul Ichhpujani, Suresh Kumar		
	Case 1: White coat adherence 131		
	Case 2: Drug induced nocturnal hypotension 133		
	Case 3: Drug induced ocular surface disease 134		

• Common Sources of Error and Ways to Avoid Them 160

13.	Informed Consents	137
	Shibal Bhartiya, Parul Ichhpujani, Suresh Kumar Who can Give Consent? 137 Ethics of Consent 138 • Exemptions to Disclosure 138 Special Consents 138 • Informed Consent for Trabeculectomy 138 • Informed Consent for Glaucoma Drainage Implant Surgery 139 • Informed Consent for Cataract Surgery 140 • Informed Consent Form for Neodymium-doped: Yttrium Aluminum Garnet Laser Capsulotomy 141 • Neodymium-doped: Yttrium Aluminum Garnet Laser Iridotomy 142 • Informed Consent for Selective Laser Trabeculoplasty 142 • Informed Consent for Diode Laser Cyclophotocoagulation 143	
14A	. How to Overcome Imaging Artifacts and Prevent Misinterpretation of Imaging Results	145
	Background 145 Technical Evidences 145 Interpretation Evidences 146 • Parameter Types and their Practical Clinical Value 147 • Case 1: Red disease due to healthy macrodiscs 148 • Case 2: Green disease due to macula edema 148 • Case 3: Blink artifact 149 • Case 4: Segmentation error due to a vitreoretinal surface abnormality 150 • Case 5: Segmentation error caused by a vitreous floater 150 How to Avoid Misinterpretation of RNFLT and Inner Macular Retina Thickness Changes during Long-term Follow-up? 151 Summary 152	
14B	. Sources of Errors While Interpreting Perimetry	153
	Parul Ichhpujani, Sahil Thakur, Suresh Kumar Case 1: Error due to pupil size 153 Case 2: Error due to drooping lid 154 Case 3: Error due to incorrect ocular aid 154 Case 4: Error due to fatigue 155	
14C	. Sources of Errors While Performing and Interpreting Tonometry	159
	Nikhil S Choudhary, Paaraj Dave, Parul Ichhpujani Goldmann Applanation Tonometer 159 • How to Perform Applanation Tonometry using Goldmann Applanation Tonometer? 159 • Procedure and Instrumentation 159	

 What to Do in a Patient with Marked Astigmatism? 160 How to Detect Calibration Error of the Goldmann Applanation Tonometer? 162 Schiotz Indentation Tonometer 162 How to Perform Indentation Tonometry using Schiotz's Tonometer? 163 Sources of Errors with a Schiotz Indentation Tonometer 163 Pearls for the Care of Schiotz Tonometer 163 Noncontact Tonometer 163 How to Perform Noncontact Tonometry? 164 Sources of Errors with Noncontact Tonometer 164 	
15A. Clinical Trials in Glaucoma	165
Suneeta Dubey, Madhu Bhoot, Nishtha Singh, Dushyant Sharma, Monica Gandhi Ocular Hypertension Treatment Study 165 Early Manifest Glaucoma Trial 166 Collaborative Initial Glaucoma Treatment Study 167 Collaborative Normal-tension Glaucoma Study 168 Advanced Glaucoma Intervention Study 169 Glaucoma Laser Trial 170 Trabeculectomy versus Tube Study 170 Ahmed-Baerveldt Comparison Study 172 Ahmed versus Baerveldt Study 173	
15B. Basics of a Trial Design for Glaucoma	175
Shibal Bhartiya, Parul Ichhpujani Levels of Evidence for Clinical Application (Choosing the Study Design) 175 Definition of Disease (Type and Severity) 175 Definition of Cohort Demographics 177 Definition of Data Points Evaluated and End Point 177 • Baseline Intraocular Pressure Measurement 177 • Visual Acuity 177 • Visual Field 177 • Ocular Hypotensive Medication 178 Follow-up and Reporting Time Windows 178 Evaluation (Criteria for Success and Failure) 178 • For Diagnostic Modalities 178 • For Therapeutic Modalities (Surgical and Medical) 178 Ethical Considerations 179 • Randomization to Nontreatment Arm 179 • Clear Definition of Acceptable Outcomes 179 • Informed Consent 179 • Approval from Institutional Review Board or Ethics Committee 179 • Adherence to Tenets of Declaration of Helsinki 179 • Declaration of Sources of Funding (Financial and Nonfinancial Support and Conflicts of Interest) Statistical Considerations 179 • Calculation of Sample Size 179 • Statistical Significance 179 • Software for Data Analysis 179 • Randomization 179 • Data Analysis 179 • Eyes versus Patients 179	179

- Interim Analysis and Stopping Rules 180
- Data Representation 180

Special Considerations 180

- Methods of Economic Evaluation of Glaucoma 180
- Methods of Quality of Life Assessments 180

Index 183