

CONTENTS

Chapter 1:	Epidemiology of Diabetic Foot Infections in India	1
	<i>Vijay Viswanathan, Sivashankari SelvaElavarasan</i>	
Chapter 2:	Save the Feet and Keep Walking Campaign by the RSSDI	6
	<i>Sanjay Agarwal, Ch Vasanth Kumar, Amit Gupta, Vijay Viswanathan</i>	
	Annexure 1: Patient Registration Form	9
Chapter 3:	Three-minute Foot Examination	11
	<i>RSSDI Diabetic Foot Task Force</i>	
Chapter 4:	Reduction of Lower Limb Amputations among People with Diabetes in India	14
	<i>Vijay Viswanathan</i>	
Chapter 5:	Management of Peripheral Artery Disease in Diabetes	17
	<i>R Ravikumar</i>	
Chapter 6:	Surgical Approach to the Management of Diabetic Foot Infections and Complex Diabetic Foot Wounds	24
	<i>Senthil Govindan</i>	
Chapter 7:	Angiosome Concept: The Basics for Every Diabetic Foot Care Specialist	38
	<i>Sivashankari SelvaElavarasan, R Ravikumar</i>	
Chapter 8:	An Insight into the Radio Imaging of Diabetic Foot Infection	50
	<i>Senthil Govindan, Sivashankari SelvaElavarasan, Vijay Viswanathan</i>	
Chapter 9:	The Indispensable Role of Orthotics in the Prevention and Management of Diabetic Foot	61
	<i>Sivashankari SelvaElavarasan, Bamila Selvaraj, Seena Rajsekar, Vijay Viswanathan</i>	
Chapter 10:	Wound Dressings in the Management of Diabetic Foot Infections	68
	<i>Senthil Govindan, Vijay Viswanathan</i>	
Chapter 11:	Peripheral Arterial Disease and Diabetic Foot: Clinical Cases and Management Strategies	76
	<i>Vibhakar R Vachhrajani, Ashu Rastogi</i>	
Chapter 12:	Charcot Neuroarthropathy of the Foot	83
	<i>Jayaditya Ghosh, Ashu Rastogi</i>	
Chapter 13:	Infected Diabetic Foot Ulcer: Case Scenario and Management Considerations	90
	<i>Manisha Singh Jadaun</i>	
Chapter 14:	Imaging of Diabetic Foot	106
	<i>Ragghuraman Soundararajan, Ashu Rastogi</i>	

Common Diabetic Foot Problems Encountered**113**

1. Gangrene 113
2. Small Muscle Atrophy 113
3. Callus 114
4. Dry Feet with Fissure 114
5. Charcot Neuroarthropathy 115
6. Swelling of the Feet and Ankle 115
7. Curved Corners of the Toenail 116
8. Hallux Valgus Deformity 116
9. Flatfoot 117
10. Onychomycosis 117
11. Toe Rings 118
12. Clawing of Toenails 118
13. Below-Knee Amputation 119
14. Foot Examination in a Person with Diabetes 119
15. Great Toe Amputee 120
16. Intertrigo 120
17. Healing of the Stump Wound 121
18. Offloading of Foot Ulcer by Felted Foam Dressing 121
19. Improper Footwear 122
20. Diabetic Neuropathy 122
21. Plantar Psoriasis 123
22. Screening for Sensory Loss with 10 g Monofilament 123
23. Ankle Callosity and Hyperkeratosis 124
24. Eschar 124
25. Hallux Varus 125
26. Cellulitis with Blister 125
27. Ankle-brachial Pressure Index Testing 126
28. Probe-to-bone Test 126
29. Ingrowing Toenails 127
30. Offloading of Heel Ulcer 127
31. Varicose Veins 128
32. Pitting Edema 128
33. Classification of Ulcer on the Basis of Depth 129
34. Negative Pressure Wound Therapy 129
35. Hyperbaric Oxygen Therapy 130
36. SINBAD Classification 130

37. Dry Skin 131
38. Onychia 131
39. Wet Gangrene 132
40. Body and Mind 132
41. Offloading for Charcot Foot 133
42. Biofilm 133
43. Slough 134
44. Granulation Tissue 134
45. Importance of Vascular Assessment 135
46. Skin Grafts 135
47. Necrotizing Fasciitis 136
48. Toenail Injury 136
49. Osteomyelitis 137
50. Eczema 137
51. Cracked Heels 138
52. Amputation of Foot 138
53. Bilateral Great Toe Amputee 139
54. Maceration of Feet Due to Keeping the Feet Wet for a Long Time 139
55. After Removing the Macerated Skin 140
56. Angiosome 140
57. Partial Gangrene of the Toe 141
58. Cellulitis of Left Leg 141
59. Recurrent Pressure Ulcers 142
60. Self-treated Callus 142
61. Abscess in the Right Leg with Typical Neuropathic Feet 143
62. Hammer Toes 143
63. Unilateral Pedal Edema 144
64. Diabetic Dermopathy 144
65. Diabetic Foot Infection 145
66. Prick Injury 145
67. Callus Debridement 146
68. Callus in the Forefoot 146
69. Wound with Healthy Granulation Tissue 147
70. Diabetic Foot Ulcer in the Heel Region—Heel Wounds are Difficult to Heal 147
71. Sausage Toe/Dactylitis 148
72. Amputation of Second, Third, and Fourth Toes on the Right Foot 148
73. Loss of Skin Elasticity in Autonomic Neuropathy 149

74. Diabetic Foot Ulcer on the Medial Aspect 149
75. Diabetic Ulcer in the Forefoot Region 150
76. Foot Examination using A Biothesiometer 150
77. Skin Lesions on the Plantar Aspect of the Foot 151
78. Interdigital Infections 151
79. Plantar Foot Ulceration in a Person with Deformities 152
80. Treatment of Cellulitis 152
81. Importance of Foot Exercises in Diabetic Neuropathy 153
82. Recurrent Pressure Ulcer after Amputation 153
83. Left Foot Charcot with an Ulcer 154
84. Intertrigo 154
85. Skin Diseases in the Feet Like Psoriasis 155
86. Exostectomy (Resection of Bony Protrusion) 155
87. Right Foot Infection from the Stump of the Great Toe up to the Heel 156
88. Bilateral Bunion 156
89. Heel Ulcer Over Tendon Achilles 157
90. Pus Discharge from Abscess Over the Lateral Malleolus 157
91. Friction Blister 158
92. Monofilament 158
93. Ulcer Over the Base of the Great Toe 159
94. Deformed Nails in Fungal Infection 159
95. Examination of Peripheral Pulses 160
96. Ischemic Wound of the Forefoot with Extensive Necrosis or Gangrene 160
97. Clawing of Toes 161
98. Middle Toe Amputee with an Ulcer Over the Dorsum of the Foot 161
99. Skin Prone to Infection Due to Aging 162
100. Midfoot Infected Callus 162