Contents

SECTION 1: PHARMACOLOGY-II				Drugs for Neurodegenerative Disorders and Miscellaneous Drugs 92	
1.	Drugs Used in Disorders of Ear, Nose, Throat and Eye	3		Stimulants, Ethyl Alcohol and Treatment of Methyl Alcohol Poisoning 94	
	Hemlata, Nipin Kalal, Suresh Sharma Antihistamines 3 Topical Application for Eye, Ear, Nose and Buccal Cavity 5		4.	Drugs Used for Hormonal Disorde and Supplementation, Contracept and Medical Termination of Pregnancy	
2.	Drugs Used on Urinary System	11		Prasuna Jelly, Hemlata, Suresh Sharma	
	Farhanul Huda, Hemlata, Suresh Sharma Renin-Angiotensin Aldosterone System 11 Diuretics and Antidiuretics 12 Alkalinizers 28			Estrogen and Progesterone 112 Oral Contraceptive and Hormone Replacement Therapy 119 Vaginal Contraceptives 125 Drugs for Infertility and Medical Termination of Pregnancy 126	
3.	Drugs Acting on Nervous System <i>Raj Kumar, Suresh Sharma, Rajneesh Arora, Poonam Arora, Hemlata</i>	33		Uterine Stimulants and Relaxants (Tocolytics) 131	129
	Basis and Applied Pharmacology of Commonly Used Drugs 33 Analgesics and Anesthetics 33 Non-Selective COX Inhibitors 33 Preferential COX-2 Inhibitors 37 Selective COX Inhibitors 38 Analgesic-Antipyretics with Poor Anti-inflammatory Action 38 Opioids and Other Central Analgesics 39 Anesthesia 42 General Anesthesia 42		5.	Drugs Used for Pregnant Women During Antenatal, Labor and Postnatal Period Hemlata. Suresh Sharma	135
				Tetanus Prophylaxis 135 Iron and Vitamin K1 Supplementation 136 Oxytocin, Misoprostol 136 Ergometrine 140 Methyl Prostaglandin E2 Alpha 141 Magnesium Sulfate 144 Calcium Gluconate 145	
	Classification 43		Miscellaneous Drugs	148	
	Hypnotics and Sedatives 52 Skeletal Muscle Relaxants 55			Vasantha Kalyani, Hemlata, Suresh Sharm	na
	Peripherally Acting Muscle Relaxants 55 Centrally Acting Muscle Relaxants 62 Antipsychotics 63	55		Drugs Used for Deaddiction <i>148</i> Drugs Used in CPR and Emergency IV Fluids and Electrolyte	148

Antidepressants 74

Antianxiety Drugs 81

Anticonvulsants 86

Replacement 153

Common Poisons, Drugs

Used for Treatment of Poisoning 153

Vitamins and Minerals
Supplementations 161
Vaccines and Sera (Universal
Immunization Program Schedule) 167
Anticancer Drugs: Chemotherapeutic
Drugs Commonly Used 171
Notes on Individual Drugs 171
Nursing Responsibilities 176
Patient Education 176
Causes for Failure of Chemotherapy 177
Superinfection 177
Chemoprophylaxis 178
Immunosuppressants
and Immunostimulants 178

7. Introduction to Drugs Used in Alternative Systems of Medicine 183

Raj Kumar, Hemlata, Suresh Sharma

Ayurveda, Homeopathy, Unani, and Siddha, etc. 183 Department of AYUSH Under the Ministry of Health and Family Welfare 190 Drugs Used in Common Ailments 190

8. Fundamental Principles of Prescribing

Suresh Sharma

Prescriptive Role of Nurse Practitioners: Introduction 193 Legal and Ethical Issues Related to Prescribing 194 Principles of Prescribing 198 Steps of Prescribing 198

SECTION 2: PATHOLOGY-II

Prescribing Competencies 202

9. Kidney and Urinary System

Aminder Singh, Nancy Kurien, Suresh Sharma

Glomerulonephritis 209 Pyelonephritis 216 Renal Calculi 219 Cystitis 221 Renal Cell Carcinoma 223 Renal Failure 225

10. Male Genital System

229

Aminder Singh, Nancy Kurien, Suresh Sharma
Cryptorchidism 229
Testicular Atrophy 231
Prostatic Hyperplasia 231
Carcinoma of Penis 233
Carcinoma of Prostate 234

11. Female Genital System

237

Neena Sood, Nancy Kurien, Suresh Sharma
Carcinoma Cervix 237
Carcinoma Endometrium 238
Uterine Fibroids 240
Vesicular Mole (Hydatidiform Mole) 242
Choriocarcinoma 243
Ovarian Cysts 244
Ovarian Tumors 245

12. Breast

193

209

251

Aminder Singh, Joyce Joseph, Suresh Sharma Fibrocystic Changes 251 Fibroadenoma 251 Breast Cancer 252

13. Central Nervous System

256

Neena Sood, Nancy Kurien, Suresh Sharma Meningitis 256 Encephalitis 257 Stroke 258 CNS Tumors 264 Metastatic CNS Tumors 266

SECTION 3: CLINICAL PATHOLOGY

14. Examination of Body Cavity Fluids

271

Neena Sood, Nancy Kurien, Suresh Sharma
Cerebrospinal Fluid Analysis 271
Examination of Sputum 273
Analysis of Gastric Constituents 275
Analysis of Duodenal Contents 276
Analysis of Peritoneal Fluid 277
Analysis of Pericardial Fluid 278
Analysis of Semen 279
Urine Examination 282
Fecal Examination 287

515

SECTION 4: GENETICS	Role of Prenatal Nutrition in
Suresh Sharma, Sohinder Kaur Concept of Genetics 293 Basic Genetic Terms 294 Practical Applications of Genetics in Nursing 295 Review of Cellular Division 302 Genes 316 Protein Biosynthesis 325 Genetic Code 327 Naming Genes 328 Chromosome 329	Prevention of Genetic Disorders 380 Maternal Age 381 Maternal Drug Therapy 384 Effects of Radiation, Drugs and Chemicals 389 Prenatal Testing and Diagnosis 396 Noninvasive Tests 398 Invasive Tests 400 Preimplantation Prenatal Diagnosis 408 Infertility 410 Spontaneous Abortions 417 Neural Tube Defects 420 Down Syndrome 426
Chromosomal Aberrations/ Chromosomal Mutation 332 Patterns of Inheritance 336 Sex-linked Inheritance 341 Mendelian Theory of Inheritance 348 Multiple Allots and Blood Groups 348 Facts about Transmission of Genetic Disorders 351 Mechanism of Inheritance 352 Gene Mutation (Errors of Transmission) 353 16. Emerging Paradigm	Genetic Testing and Screening in Children 437 Congenital Abnormalities 441 Developmental Delay 442 Dysmorphism 446 Role of Nurses in Genetic Testing for Neonates and Children 447
of Genetics in Nursing Suresh Sharma Genetic Nursing Practice Milestones 363 Roles of Nurses in Genetics 364 Importance of Genetics in Nursing Curriculum 364 Barriers and Approaches for Implementation of Genetics in Nursing 367 Assumptions Regarding Genetics and Health Care in Future 368	19. Genetic Conditions of Adolescents and Adults Suresh Sharma, Kumar Satish Ravi Genetic Statistics 450 Naming Genetic Conditions 450 Common Genetic Conditions 451 Therapeutic Approaches for Genetic Disorders 484 Nursing Management in Genetic Disorders 486 20. Services Related to Genetics 496
17. Maternal and Prenatal Genetics 37 Suresh Sharma, Vandana Mehta Genetics and Infection 371 Consanguinity Atopy 375	Suresh Sharma, Mohd Salahuddin Ansari Genetic Testing 496 Gene Therapy 503 Genetic Counseling 510

Index

Consanguinity Atopy 375 Prenatal Nutrition and

Food Allergies 378