

The Skills of

HISTORY TAKING

for Medical Students and Practitioners

Based on AETCOM Module

Rahul Tanwani

THIRD EDITION

Foreword DP Lokwani



Contents

Section 1: Doctor—Patient Communication				
Chapter 1: Doctor—Patient Relationship ★ Real Meaning of Good Communication Skills 3 ★ Levels of Doctor—Patient Communication 4 ★ Importance of History Taking 7 ★ Hazards of Poor Communication Skills 7	3			
Chapter 2: What Does it Mean to be a Patient?	8			
Chapter 3: An Approach to the Diagnosis Symptoms, Signs, and Diagnosis Importance of History Taking Role of Communication Skills Role of Investigations 19	14			
Section 2: Foundation of Communication				
Chapter 4: Basic Principles of Communication ♣ Process of Communication 27 ♣ Basic Elements of Communication 28 ♣ Various Types of Classification of Communication 31 ♣ Common Channels of Communication 33 ♣ Barriers of Communication 35 Chapter 5: Elements of Communication	27 39			
 Description of Various Elements of Nonverbal Communication 42 	3,			
Section 3: Format of Medical History				
Chapter 6: What, Why, and How to Ask? ❖ Format of Medical History 61	59			
Chapter 7: Patient's Profile Name 63 Age 63 Sex 65 Residence 65 Religion 66	63			

		Occupation 67 Socioeconomic Status 69	
Chanter 8:		esenting Complaints	70
anapter or		The Meaning of Presenting Complaints 70	
Chapter 9:		story of Presenting Complaints	81
	*	Elicitation of History of Presenting Complaints 86	
Chapter 10:		•	95
		General Considerations 95 History of any Significant Disease 96	
		History of Hospitalization 100	
		History of any Surgery 101	
		History of any Other Significant Event 102 History of Similar Complaints in Past 103	
Chantar 11.	Do:		105
Chapter 11:		rsonal History General Considerations 106	103
		Sleep 106	
		Appetite 107	
	-	Diet 109	
		Weight Change 110 Addiction 112	
		Bladder and Bowel Habits 116	
	*	Marital Status and Children 118	
Chapter 12:			119
		History of Contact 121	
Chapter 13:		enstrual and Obstetric History	122
		Menstrual History 122 Obstetric History 127	
Chapter 14:		•	129
chapter 14.		Commonly Used Drugs 130	127
		Drugs for the Same Disease 130	
Chapter 15:	All	ergy History	133
Chapter 16:	Cas	se History of Pediatric Patients	135
	*	Format for Pediatric History 135	
		Continue A. Carolina District Internation	
		Section 4: Student–Patient Interaction	
Chapter 17:		w to Take and Present a Case History?	151
		Sufferings of a Patient 153	
		History Taking 153 Presentation of Case History 164	
Chanter 12.		Illustrated Case History	167
chapter 10.		Presentation of Case History 173	10/

Section 5: Six Skills of Communication with Patients		
Chapter 19: Listening Skills	177	
Chapter 20: Questioning Skills	183	
 Importance of Questioning in Communication 183 		
 Selection of Relevant Questions 184 		
❖ An Ideal Question 185		
Why are You Asking? 185		
 Internal Feelings of the Patient 186 		
 Types of Questions 188 		
 Single Versus Multiple Questions 190 		
Extent of Enquiry 191		
How to Improve Your Questioning Skills? 192		
Chapter 21: Answering Skills	195	
Chapter 22: Explanation Skills	201	
Chapter 23: Persuasion Skills	215	
 Hazards of Poor Persuasion Skills 216 		
How to Improve the Persuasion Skills? 218		
How to Convince to Avoid? 221		
Chapter 24: Examination Skills		
❖ Role of Chaperon 225		
 Avoid Checking Old Documents in Beginning 226 		
Index	227	

The Skills of HISTORY TAKING

for Medical Students and Practitioners

Communication with the patients is an art and every doctor keeps on learning it throughout his life. First, he learns from his teachers and then from his experiences. Most of the literature available in our country has emphasized on the examination part of the patients while the section of history taking is summarized only in the initial few pages. Moreover, as the art of communication is greatly influenced by the culture and lifestyle of the people, its literature from the foreign sources cannot be blindly replicated for the students and doctors of our country.

This book is all about the practical aspect of history taking, based on the culture, tradition, and lifestyle of our country. It specifically focuses upon the most under-covered aspect of communication: How to ask? It has been especially designed to cover the maximum topics of AETCOM module, which has been recently introduced in our medical curriculum. It includes a detailed description of format of history taking and its presentation for our medical students. Besides, it also includes the description of six major skills of communication during clinical practice. I hope that it will help the students in improving their communication with various types of patients, both in their present as well as in the future life.

Rahul Tanwani MS MCh has done his MBBS and MS (Surgery) from NSCB Medical College, Jabalpur, Madhya Pradesh, India and MCh (Pediatric Surgery) from BJ Medical College, Ahmedabad, Gujarat, India. Presently, he is Professor, Department of Surgery, Index Medical College Hospital and Research Center, Indore, Madhya Pradesh, India.

He has been working on the subject of doctor–patient communication since last many years. He has presented lectures and conducted workshops on communication skills in various medical colleges and hospitals of our country. For methodical teaching of communication skills to his students, he had created a communication skills lab in his college in 2015. In March 2017, he had successfully organized a state level workshop on basic communication skills for medical and dental students in his institute.

He has also worked upon various novel methods of theoretical and clinical teaching and evaluation of medical students. In 2013, he had created a surgical museum, which includes various types of self-made models for teaching examination skills to the students. He had also created an educational page on Facebook in 2015 (SMS: Surgery for Medical Students), which was mainly intended to the needs of postgraduate (PG) aspirants. In 2018, he had received the award of the Best Teacher of the University at Madhya Pradesh Private University Regulatory Commission (MPPURC), Bhopal, Madhya Pradesh.

Readers are requested to share their feedback and valuable suggestions with him by mailing at—dr.tanwani.rahul@gmail.com

Printed in India

Available at all medical bookstores or buy online at www.jaypeebrothers.com



JAYPEE BROTHERS
Medical Publishers (P) Ltd.
EMCA House, 23/23-B, Ansari Road,
Daryaganj, New Delhi - 110 002, INDIA
www.jaypeebrothers.com

Join us on facebook.com/JaypeeMedicalPublishers

Shelving Recommendation MEDICINE

