

Contents

1. History Taking	1
<i>History Taking Procedure</i>	1
<i>History Recording</i>	2
<i>Pedigree Symbols</i>	6
2. Basic Parameters	9
<i>Temperature</i>	9
<i>Pulse</i>	12
<i>Respiratory Rate</i>	18
<i>Blood Pressure</i>	21
<i>Jugular Venous Pressure</i>	22
3. Physical Growth Assessment	25
<i>Length and Height</i>	25
<i>Weight</i>	26
<i>Head and Chest Circumference</i>	29
<i>Mid-arm Circumference</i>	29
<i>Skinfold Thickness</i>	30
<i>Age-independent Measurement</i>	30
<i>Body Proportion</i>	31
4. General Physical Examination	32
<i>Sequence of Examination</i>	32
<i>Examination of Head and Neck</i>	33
<i>Head</i>	33
<i>Hair</i>	37
<i>Neck</i>	37
<i>Face</i>	43
<i>Examination of Limbs and Genitalia</i>	59
<i>Upper Limb</i>	59
<i>Lower Limb</i>	61
<i>Examination of Nails</i>	61
<i>Genitalia</i>	62

5. Developmental and Behavioral Assessment	63
<i>Developmental/Behavioral History</i>	63
<i>Developmental Screening and Examination</i>	65
<i>Developmental Screening and Assessment</i>	67
6. Dysmorphic Child	71
<i>Congenital Anomalies</i>	71
<i>Obtaining the History</i>	72
<i>Approach to the Physical Examination</i>	73
7. Evaluating the Newborn	74
<i>First Examination</i>	74
<i>Second Examination</i>	74
<i>Third Examination</i>	75
<i>Clinical Observations</i>	75
<i>Physical Examination</i>	79
<i>Clinical Cases</i>	86
8. Respiratory System	100
<i>Investigations</i>	100
<i>Signs and Symptoms</i>	103
<i>Examination</i>	114
<i>Inspection</i>	114
<i>Palpation</i>	115
<i>Percussion</i>	117
<i>Auscultation</i>	118
<i>Clinical Cases</i>	120
<i>Bronchial Asthma</i>	120
<i>Bronchiectasis</i>	125
<i>Bronchiolitis</i>	127
<i>Empyema</i>	129
<i>Pneumonia</i>	130
<i>Tuberculosis</i>	133
<i>Pleural Effusion</i>	140
<i>Pneumothorax</i>	142
9. Cardiovascular System	144
<i>History</i>	144
<i>Investigations</i>	144
<i>Electrocardiography</i>	144
<i>Chest X-ray</i>	146
<i>Echocardiography and Doppler Ultrasonography</i>	146
<i>Arterial Blood Gas Analysis</i>	146
<i>Cardiac Catheterization and Angiocardiology</i>	147

<i>Symptoms and Signs</i>	147
<i>Chest Pain</i>	147
<i>Cyanosis</i>	149
<i>Dyspnea</i>	151
<i>Examination of Cardiovascular System</i>	153
<i>Inspection</i>	153
<i>Palpation</i>	154
<i>Percussion</i>	156
<i>Auscultation</i>	156
<i>Clinical Cases</i>	165
<i>Evaluation of the Infant or Child with</i>	
<i>Congenital Heart Disease</i>	165
<i>Congestive Heart Failure</i>	168
<i>Atrial Septal Defect</i>	170
<i>Patent Ductus Arteriosus</i>	172
<i>Sydenham's Chorea</i>	173
<i>Tetralogy of Fallot</i>	174
<i>Ventricular Septal Defect</i>	176
<i>Acute Rheumatic Fever</i>	178
<i>Mitral Insufficiency</i>	181
<i>Mitral Stenosis</i>	182
<i>Aortic Insufficiency</i>	183

10. Gastrointestinal System

185

<i>Symptoms and Signs</i>	185
<i>Abdominal Pain</i>	185
<i>Abdominal Swellings</i>	189
<i>Constipation</i>	193
<i>Diarrhea</i>	194
<i>Hematemesis</i>	195
<i>Jaundice</i>	198
<i>Melena</i>	201
<i>Edema</i>	202
<i>Rectal Bleeding</i>	204
<i>Regurgitation</i>	205
<i>Stools—Mucus and Pus</i>	206
<i>Vomiting</i>	207
<i>General Examination</i>	208
<i>Inspection</i>	208
<i>Palpation</i>	212
<i>Percussion</i>	223
<i>Auscultation</i>	224
<i>Genitalia</i>	225
<i>Per Rectal Examination</i>	227

<i>Clinical Cases</i>	227
<i>Hepatitis</i>	227
<i>Fulminant Hepatic Failure</i>	229
<i>Cirrhosis</i>	231
<i>Portal Hypertension</i>	233

11. Genitourinary System **236**

<i>Symptoms and Signs</i>	236
<i>Dysuria</i>	236
<i>Enuresis</i>	236
<i>Hematuria</i>	237
<i>Oliguria</i>	239
<i>Polyuria</i>	240
<i>Clinical Cases</i>	242
<i>Acute Poststreptococcal Glomerulonephritis</i>	242
<i>Nephrotic Syndrome</i>	245
<i>Urinary Tract Infection</i>	250

12. Central Nervous System **255**

<i>Investigations</i>	255
<i>Soft Neurologic Signs</i>	255
<i>Special Diagnostic Procedures</i>	255
<i>Symptoms and Signs</i>	258
<i>Disorders of Consciousness</i>	258
<i>Fits and Convulsions</i>	259
<i>Examination</i>	263
<i>Retraction of Head</i>	263
<i>Headache</i>	264
<i>Speech</i>	266
<i>Examination of Nervous System</i>	267
<i>Clinical Cases</i>	299
<i>Acute Hemiplegia</i>	299
<i>Cerebral Palsy</i>	300
<i>Hydrocephalus</i>	305
<i>Meningitis</i>	308
<i>Meningomyelocele</i>	312
<i>Hemiplegia</i>	313
<i>Paraplegia</i>	314
<i>Quadriplegia</i>	315

13. Musculoskeletal System **316**

<i>Physical Examination</i>	316
<i>Radiographic Assessment</i>	317
<i>Laboratory Studies</i>	318

<i>Symptoms and Signs</i>	319	
<i>Examination of Spine and Joints</i>	325	
<i>Deformities of Spine</i>	329	
<i>Clinical Cases</i>	331	
14. Endocrinology		336
<i>Gynecomastia</i>	336	
<i>Short Stature</i>	337	
<i>Tall Stature</i>	339	
<i>Thyroid Disorder</i>	340	
<i>Adrenal Disorders</i>	344	
<i>Diabetes Mellitus</i>	348	
<i>Precocious Puberty</i>	351	
<i>Delayed Puberty</i>	353	
15. Gynecologic Assessment		355
<i>Amenorrhea</i>	355	
<i>Dysmenorrhea</i>	356	
<i>Approach to the Physical Examination</i>	356	
<i>Examining Prepubertal Girls</i>	357	
<i>Examining Adolescent Girls</i>	358	
16. Genetics		361
<i>Down Syndrome</i>	361	
<i>Klinefelter Syndrome</i>	366	
<i>Turner's Syndrome</i>	367	
17. Hematology		370
<i>Anemia</i>	370	
<i>Bleeding</i>	371	
<i>Purpura</i>	373	
<i>Hemophilia</i>	374	
<i>Idiopathic Thrombocytopenic Purpura</i>	379	
<i>Iron Deficiency Anemia</i>	382	
<i>Thalassemia</i>	387	
<i>Leukemia</i>	391	
18. Miscellaneous Cases		396
<i>Obesity</i>	396	
<i>Protein-energy Malnutrition</i>	398	
<i>Rickets</i>	404	
<i>Scurvy</i>	407	
<i>Failure to Thrive</i>	409	
<i>Malaria</i>	410	
<i>Poliomyelitis</i>	413	

19. Immunization 416

- Immunizing Agents* 416
- Commonly Used Vaccines* 416
- Cold Chain* 423
- Contraindications to Vaccination* 423

20. Practical Procedures 424

- Collection of Blood Samples* 424
- Central Venous Pressure Monitoring* 428
- Urine Samples* 429
- Cerebrospinal Fluid Sample* 429
- Thoracentesis* 431
- Pericardial Puncture* 432
- Paracentesis Abdominis* 432
- Amniocentesis* 432
- Chorionic Villus Sampling* 433
- Cardiocentesis* 433
- Intrauterine Transfusion* 434
- Fetal Scalp Blood Sampling* 434
- Orotracheal Intubation* 435
- Intraosseous Transfusion* 435
- Defibrillation* 435
- Cervical Spine Immobilization* 435

21. Instruments 437

- Laryngoscope* 437
- Endotracheal Tube* 437
- Ambu Bag* 438
- Face Mask* 439
- Nasal Oxygen Catheter* 439
- Oxygen Mask* 439
- Oxygen Hood* 439
- Tongue Depressor* 440
- Thermometer* 440
- Scalp Vein Needle* 440
- Intravenous Cannula* 440
- Three-way Connector* 441
- Intravenous Set* 441
- Lumbar Puncture Needle* 441
- Bone Marrow Aspiration Needle* 442
- Infant Feeding Tube* 442
- Suction Catheter* 442
- Umbilical Catheter* 443
- Simple Rubber Catheter* 443

<i>Foley Catheter</i>	443	
<i>Dilys Mucus Extractor</i>	443	
<i>Flatus Tube</i>	444	
<i>Tuberculin Syringe</i>	444	
<i>Metered-dose-inhaler</i>	444	
<i>Dry Powder Inhaler</i>	445	
<i>Spacers</i>	445	
<i>Nebulizer</i>	445	
22. Pharmacology		446
<i>General Medications Used in Pharmacology</i>	446	
<i>Drugs Used in Pediatric Anesthesia</i>	469	
23. X-rays		471
<i>Plain Radiograph</i>	471	
<i>Pleural Effusion</i>	471	
<i>Pneumothorax</i>	472	
<i>Diaphragmatic Hernia</i>	472	
<i>Pneumonia</i>	473	
<i>Pulmonary Tuberculosis</i>	473	
<i>Lung Abscess</i>	474	
<i>Emphysema</i>	475	
<i>Bronchiectasis</i>	475	
<i>Hyaline Membrane Disease</i>	476	
<i>Cardiomegaly</i>	476	
<i>Causes of Small Heart</i>	477	
<i>Pulmonary Plethora</i>	477	
<i>Pulmonary Oligemia</i>	477	
<i>Fallot's Tetralogy</i>	477	
<i>Plain Radiograph Abdomen</i>	478	
<i>Pharynx and Esophagus</i>	480	
<i>Oral Contrast Examination</i>	480	
<i>Tracheoesophageal Fistula</i>	481	
<i>Achalasia Cardia</i>	481	
<i>Malrotation</i>	482	
<i>Large Bowel: Barium Enema</i>	482	
<i>Micturating Cystourethrogram</i>	483	
<i>Polycystic Kidney Disease</i>	484	
<i>Anomalies of Lower Limb</i>	485	