

Contents

Part 1: Cardiology

- 1. Heart Failure** **3**
Smita Mishra, Maitri Chaudhuri
- Heart Failure in Children: The Search for an Ideal Definition 4
 - Relevance of Old Terminology in View of New Concepts in Heart Failure 4
 - Therapeutic Extrapolations and the Pathophysiology of Heart Failure 5
 - Classification of Heart Failure in Children: Do We Have Ideal One? 8
 - Etiology of Pediatric HF: Relevance of Timing of Onset 9
 - Diagnosis HF: Reappraisal of Methodology 10
 - Management 22
- 2. Pediatric Infective Endocarditis** **41**
Anil Grover, Eshan Sharma, Mihir Rathod
- Epidemiology 42 • Etiology 42
 - Pathogenesis and Clinical Situations 43 • Management 46
 - Differential Diagnosis of Pediatric IE (Child with Fever and Murmur) 50
 - Medical Treatment 50 • Prevention 55

Part 2: Gastroenterology and Hepatology

- 3. Portal Hypertension** **63**
Neelam Mohan, Sakshi Karkra
- Causes 63 • Pathophysiology 65 • Clinical Features 67
 - Diagnosis 68 • Management 70
- 4. Pediatric Liver Transplantation: Progress in India** **79**
Akshay Kapoor, Anupam Sibal
- History of Pediatric Liver Transplantation in India 80
 - Indications for Pediatric LT 81
 - Pre-liver Transplant Assessment and Management 84
 - Medical Management of Children Awaiting LT 84
 - Liver Transplant Operation 86
 - Living Related Liver Transplantation 86
 - Postoperative Management 87 • Immunosuppression 87
 - Complications 89 • Life after Liver Transplantation 92
 - Advances in Pediatric Liver Transplantation 93

- 5. Chronic Diarrhea in Resource-limited Settings** **97**
Suraj Gupte, RA Anderson, Bhoomika Grover Aastha
- What is Chronic Diarrhea? 98 • Pathophysiology 98
 - Etiology 100 • Investigative Evaluation 100
 - Chronic Diarrhea: A Practical Problem-Solving Approach 101
 - Management 104 • Outcome and Prognosis 104

Part 3: Neurology

- 6. Acute Transverse Myelitis** **111**
L Ranbir Singh
- Epidemiology 112 • Pathogenesis 112 • Causes 113
 - Clinical Features 114 • Signs and Symptoms 115
 - Diagnostic Criteria 117 • Diagnostic Evaluation 118
 - Differential Diagnosis 124 • Management 127
 - Speculations on Future Treatments of Transverse Myelitis 132
 - Prognosis 133
- 7. Approach to Neurodegenerative Disorders** **140**
MA Mohammed Kunju
- Clinical Clues 141 • Inheritance 142
 - Approach to a Child with Acute Encephalopathy (Small Molecule Disorders) 143
 - Approach to a Child with Chronic Encephalopathy 147
 - Stepwise Approach to Neurodegenerative Disorders 148
 - Investigations 155 • Specific Diagnostic Entities 157
 - Treatment 158 • Prognosis 159

Part 4: Endocrinology

- 8. Type 1 Diabetes Mellitus: Advances in Management** **165**
Vandana Jain, R Aathira
- Advances in Insulin 166 • Insulin Pumps 168
 - Continuous Glucose Monitors 168 • Closed Loop Systems 171
 - Insulin Gene Therapy 173 • Transplantation 175
 - Immunologic Vaccination 176
- 9. Congenital Adrenal Hyperplasia** **180**
Hemchand K Prasad, Nikhil N Lohiya
- Classification 181 • Indian Data 181 • Clinical Features 181
 - Cryptic CAH 185 • Work-up 188 • Genetic Analysis 190
 - Principles of Therapy 190 • Glucocorticoid Replacement 190
 - Mineralocorticoid Replacement 191 • Key Points in Management 191
 - Salt Wasting Crises 191 • Rare Forms of CAH 191
 - Growth in CAH 194 • Neonatal Screening for CAH 195
 - Prenatal Therapy 196

10. Select Endocrine Problems in the Neonatal Period 198*M Vijayakumar, Anju Seth*

- Congenital Hypothyroidism 199 • Neonatal Hypoglycemia 204
- Congenital Adrenal Hyperplasia 209 • Neonatal Hypocalcemia 214
- Hypoparathyroidism 218

11. Short Stature: Endocrine Aspects 222*Hemchand K Prasad, Nikhil N Lohiya*

- Burden of Short Stature in India 222 • Etiologic Considerations 223
- Approach for Evaluation 223 • Management 237
- Short Stature—Normal Variants 240

Part 5: Nephrology**12. Renal Protection in Neonatal Period: Potential Insults and Long-term Implications 247***Kiran P Sathe, Anjali Kulkarni*

- Developmental Nephrology 248

13. Acute Glomerulonephritis Revisited 262*RN Srivastava, Shina Menon*

- Pathology 262 • Postinfectious Acute Glomerulonephritis 263
- Acute Glomerulonephritis Secondary to Primary Renal Disorders 267
- Henoch-Schönlein Purpura 268
- Rapidly Progressive Glomerulonephritis 268

14. Nephrotic Syndrome 273*PK Pruthi*

- Epidemiology 274 • Histopathology 274 • Etiology 277
- Pathogenesis 277 • Clinical Features 280 • Evaluation 281
- Treatment 282 • Complications 290
- Long-term Outcome of Steroid Sensitive Nephrotic Syndrome 293
- Steroid-Resistant Nephrotic Syndrome 294
- Histology 294 • Congenital Nephrotic Syndrome 299
- Infantile Nephrotic Syndrome 300

Part 6: Hematology**15. Aplastic Anemia: Current Scenario 311***Swati Gupta, MR Lokeshwar*

- Epidemiology 312 • Aplastic Anemia: Derivation of the Term 312
- Etiology 312 • Pathophysiology 313
- Grades of Aplastic Anemia/Diagnostic Criteria for Severe Aplastic Anemia 315
- Laboratory Diagnosis 316 • Management 320
- New Concepts in Aplastic Anemia 331

Part 7: Allergy and Immunology

16. The Child with Allergy 341

Arif Ahmed

- Pathophysiology 342 • Approach 344
- Management of Allergic Diseases 350

Part 8: Child Psychiatry, Developmental and Behavioral Pediatrics

17. Obsessive-Compulsive Disorder 363

Rachana Pole, GK Vankar

- Epidemiology 364 • Etiology 364 • Clinical Features 368
- Differential Diagnosis of OCD in Children 369
- Comorbid Conditions 371 • Treatment 371
- Pharmacotherapy 372 • Outcome 375

18. Child Abuse and Neglect: An Overview 379

RN Srivastava

- Definitions 380
- Perceptions and Dimensions of Child Abuse and Neglect 380
- Prevention of Child Abuse and Neglect 383
- Child Abuse and Neglect and Civil Society 386

19. Functional Gastrointestinal Disorders 390

Sarath Gopalan, Balraj Yadav, Satish Tiwari

- Functional Gastrointestinal Disorders: Rome Criteria 390
- Functional Abdominal Pain and Functional Abdominal Pain Syndrome 391
- Chronic Constipation: An Important Cause of FAP in Children 392
- Functional Dyspepsia 393 • Irritable Bowel Syndrome 394
- Chronic Intestinal Pseudo-obstruction 395
- Cyclic Vomiting Syndrome 395

20. Autism Spectrum Disorder: Current Concepts, Concerns and Controversies 400

Gagan Hans, Suraj Gupte, Pramod Reddy

- Autism—The Core of ASD 401 • Epidemiology 402
- Etiologic Considerations 402 • Pathophysiology 403
- Clinical Manifestations 403 • Diagnostic Evaluation 404
- Approach to Management 407
- Prognosis 408 • Indian Scenario 410

21. PANDAS, CANS and PANS: Current and Future Perspectives 413

Gagan Hans, Suraj Gupte, Shakeel Ahmed, AW Geme

- What is Gas Infection? 414 • What is Neuropsychiatric Disorder? 415
- What is an Autoimmune Disease? 415

- Role of Autoimmunity in Relationship between Streptococcal Infection and Neuropsychiatric Disorder 415
- PANDAS 416 • Clinical Spectrum 418
- New Trends and Directions: CANS and PANS 421

Part 9: Pediatric Emergencies

22. Severe Dengue 429

Anjul Dayal

- Pathophysiology 429 • Clinical Presentation 430
- Laboratory Diagnosis 432
- Management of Children with Dengue without Warning Signs 433
- Management of Severe Dengue 433

23. Hypertensive Emergencies 440

Anjul Dayal, Anupam Bahe

- Definitions 441 • Blood Pressure Measurement 441
- Etiology and Pathophysiology 442 • Pathogenesis 442
- Investigations and Evaluation 444 • Treatment 446

Part 10: Pediatric Education

24. Bedside Teaching: Improving its Effectiveness 457

Tejinder Singh

- SNAPPS 458 • One Minute Preceptor 461

Part 11: Pediatric Pharmacotherapy

25. Probiotics in *H. pylori* Infection and Other Gastrointestinal Disorders 467

Novy Gupte, Suraj Gupte

- Probiotics in a Nutshell 468 • *H. pylori* Infection: A Brief Review 468
- Probiotics in *H. pylori* Infection 471 • Probiotics in Diarrheas 472
- Future Research Issues 475

Index

479