
Contents

1. Acute Respiratory Infections in Under 5s	1
<i>Bratati Banerjee</i>	
Problem Statement 1 • Etiology 2 • Risk Factors 3	
• Interventions 5 • Case Management 9	
2. Respiratory Manifestations of Systemic Disease	19
<i>Amar Taksande, Krishna Vilhekar, Satish Tiwari</i>	
Profile 19 • Connective Tissue Diseases 20 • Vasculitis 23	
Neurological Disorders 26 • Hematological Disorders 27	
Gastrointestinal Disorders 27 • Pancreatic Disorders 28	
Congenital Heart Disease 29	
3. A-Z Pneumonias	35
<i>Suraj Gupte, K Gowrinath, Utpal Kant Singh</i>	
Disease Burden/Problem Statement 35 • Pathophysiology 36	
Classifications 37 • Overview of Major Categories of Pneumonia 37	
Etiologic Considerations 42 • Clinical Aspects 42 • Complications 45	
Special Features of Pneumonia in Various Age Groups 45	
Diagnosis 49 • Differential Diagnosis 51 • Management 51	
Prognosis 55 • Prevention 56	
4. Pneumonia: Select Issues and Concerns	63
<i>H Paramesh</i>	
Hard Facts about Pneumonias 63 • Risk Factors 64	
Mechanism of Development of Pneumonia 64 • Diagnosis 64	
Causes for Community-acquired Pneumonia 65	
Approach to Pneumonia in the Community 66	
5. Ventilator-associated Pneumonia	70
<i>B Vishnu Bhat, Bahubali D Gane</i>	
Incidence 70 • Etiologic Agents 71 • Risk Factors 72	
Pathogenesis 73 • Diagnosis 74 • Treatment 75	
Prevention 79 • Morbidity and Cost 81 • Mortality 81	
6. Acute Bronchiolitis	87
<i>Suraj Gupte, Sahil Pandita, Mary Stanton</i>	
Definition 87 • Disease Burden 87 • Epidemiology 88	
Risk Factors 88 • Etiology 88 • Pathology and Pathophysiology 88	
Clinical Features 89 • Differential Diagnosis 90	
Approach to Diagnosis 90 • Prognosis and Outcome 96	
Complications 96 • Prevention 97	
7. Status Asthmaticus	100
<i>Zahid-ul-Kareem, Anjul Dayal, VSV Prasad</i>	
Patients at Risk of Developing Near-Fatal or Fatal Asthma 100	
Pathophysiology 101	

xvi **RAP (Special Vol. 24: Respiratory Diseases)**

Pulmonary Mechanics and Gas Exchange Abnormalities 101
Effects of Asthma on the Cardiovascular System 102
Clinical and Laboratory Assessment 102 • Management 103

8. Aerosol Therapy **110**

K Gowrinath

Aerosol Delivery 110 • Factors Influencing Aerosol Therapy 111
Some Aerosol Devices 113

9. Psychological Aspects of Bronchial Asthma **123**

GK Vankar, Rachana Pole

Etiologic Hypotheses 123 • Psychosomatic Theory of Asthma 125
Asthma and Depression 127 • Panic Disorder and Asthma 128
Depression, Anxiety, and Life-threatening Asthma Attacks 129
Family and Asthmatic Child 130
Psychological Interventions in Children 131
Behavioral Aspects of Medications used in Bronchial Asthma 134

10. Cystic Fibrosis: Past, Present and Future **139**

Suraj Gupte, Sahil Pandita

Historical Perspectives 139 • Epidemiology 140
Cystic Fibrosis Gene 141 • Etiopathogenesis 145
Clinical Manifestations 146 • Diagnosis 148 • Treatment 151
Pulmonary Complications and their Treatment 156 • Prognosis 157

11. Pediatric Flu **161**

Novy Gupte, Suraj Gupte, Sahil Pandita

Unique Peculiarities 161 • High-risk Children 161
Etiologic Virus 164 • Epidemiologic Considerations 166
Pathogenesis 166 • Clinical Features 167 • Diagnosis 168
Prevention 169 • Treatment 174 • Complications 176
Prognosis and Outcome 179

12. Pleural Effusion **184**

Rashna Dass

Etiology 184 • Clinical Features 185 • Treatment 186

13. Empyema Thoracis **189**

Rashna Dass

Epidemiology 189 • Pathophysiology and Pathology 190
Etiology 191 • Microbiology 191 • Clinical Features 191
Assessment of Severity of the Illness 193 • Diagnosis 193
Management 197

14. Pulmonary Aspiration Syndromes **208**

T Arun Babu, C Barathy

Definition 208 • Types of Aspiration 208
Normal Defence Mechanisms 209 • Risk Factors for Aspiration 209
Pathophysiology 210 • Clinical Syndromes 212
Specific Entities 214 • Differential Diagnosis 215
Investigative Work-up 215 • Treatment 217 • Prognosis 219

15. Pulmonary Edema	224
<i>T Arun Babu, BV Balachandar, C Barathy</i>	
Definition 224 • Physiology 224	
Etiopathophysiology and Classification 225	
Pathophysiologic Mechanisms 226 • Clinical Features 228	
Management 232 • Prognosis 244	
16. Acute Respiratory Distress Syndrome	251
<i>Ashish Jain, Neetu Jain, Satish Tiwari</i>	
Definition 251 • Pathophysiology 252 • Epidemiology 253	
Etiology 253 • Clinical Presentation 254 • Diagnosis 254	
Management 256 • Prognosis 262	
17. Respiratory Distress Syndrome	267
<i>Ajay Gaur</i>	
Etiology 267 • Pathology 268 • Pathophysiology 270	
Clinical Features 271 • Differential Diagnosis 273	
Investigations 273 • Treatment 276 • Prevention 281	
Prognosis 282	
18. Acute Respiratory Failure	288
<i>Avash Pani, VSV Prasad, Anjul Dayal</i>	
Classification of Respiratory Failure 288	
Pathophysiology 288 • Etiology 290	
Approach to a Child with Acute Respiratory Failure 290	
Prognosis 296	
19. Tuberculosis in Children	309
<i>Ira Shah</i>	
Pathogenesis 299 • Types of Tuberculosis in Children 299	
Guidelines for Suspecting Tuberculosis in Children 300	
Diagnosis 300 • Treatment 303	
20. Bronchiectasis	309
<i>Sonal Bhatia, Milind S Tullu</i>	
Incidence 309 • Etiopathogenesis 310 • Clinical Features 312	
Diagnosis 313 • Treatment 317	
21. Acute Otitis Media	325
<i>SA Jagdish Kumar</i>	
Definition 325 • Etiology 326 • Diagnosis 332	
Acute Necrotizing Otitis Media 335	
22. Approach to the Child with Recurrent Respiratory Infections	340
<i>Bashir A Charoo, Javeed Iqbal Bhat</i>	
Definition 340 • Etiology 341 • Risk Factors 341	
Differential Diagnosis 342 • Diagnostic Approach 343	
Treatment 344 • Growth Monitoring 345	
Prevention 345	

23. Surfactant Therapy **348**

B Vishnu Bhat, R Renitha

Composition of Pulmonary Surfactant 348

Synthesis and Secretion of Pulmonary Surfactant 349

Surfactant Protein Functions 350

Effects of Surfactant on Lung Mechanics 351

Types of Surfactant 351

Surfactant in Neonatal Respiratory Distress Syndrome 352

Clinical Trials of Surfactant Therapy in Respiratory Distress Syndrome 355

Expanded Use of Surfactant 355

24. Pharmacotherapy of Respiratory Infections **361**

Novy Gupte

Antibiotics 361 • Penicillinase-sensitive Penicillins 365

Penicillinase-resistant (Semisynthetic) Penicillins 366

Broad-spectrum (Modified or Amino) Penicillins 367

Extended-spectrum Penicillins 369

Antipseudomonas (Carboxy and Ureido) Penicillins 370

Macrolides 382 • Lincosamides 385

Quinolones and Fluoroquinolones 386 • Tetracyclines 389

Glycopeptide Antibiotics 391 • Oxazolidinone Antibiotics 392

Sulfonamides 394 • Miscellaneous Antibacterial Drugs 395

Antituberculous Drugs 396

Group 1: Antituberculous First Line Drugs 396

Group 2: Antituberculous Second Line Drugs 399

Group 3: Antituberculous Reserve Drugs 400

Antiviral Drugs 403

25. Pharmacotherapy of Asthma **409**

Novy Gupte

Adrenaline (Epinephrine) 409 • Aminophylline 410

Cromoglycate Disodium 410 • Montelukast 411

Magnesium Sulfate 411 • Orciprenaline Sulfate 411

Salbutamol 412 • Terbutaline Sulfate 412

Theophylline 412 • Zafirlukast 413

Inhalation Therapy 413 • Budesonide 414

Ipratropium Bromide 414 • Salmeterol 414

Terbutaline 414

Index 417