

Contents

SECTION 1: GENERAL CONCEPTS

1. Health and Illness	1
2. Therapeutic Nurse-Patient Relationship	20
3. Growth and Development	36
4. Theories of Growth and Development	87
5. Epidemiology and Nursing	107

SECTION 2: PSYCHOLOGY

6. Introduction to Psychology	123
7. Biology and Behavior	138
8. Educational Psychology	149
9. Guidance and Counseling	156
10. Learning	177
11. Motivation	194
12. Emotions	206
13. Attention	223
14. Perception	231
15. Memory	242
16. Intelligence	259
17. Thinking	275
18. Aptitude	288
19. Attitude	296
20. Mental Health and Mental Hygiene	304
21. Personality	326
22. Psychological Assessment, Testing and Evaluation	357

SECTION 3: SOCIOLOGY

23. Introduction to Sociology	383
24. Sociology and Nursing	406
25. Man, Society and Environment	413
26. Primary Concepts in Sociology	434
27. Social Process	447
28. Culture	464

29. Population	477
30. Social Group	490
31. Marriage and Family	508
32. Rural Community	538
33. Urban Community	553
34. Social Stratification	565
35. Caste System	570
36. Social Class System	580
37. Social Mobility	583
38. Race	588
39. Social System	596
40. Social Organization	604
41. Social Disorganization	610
42. Social Problems	616

SECTION 4: PSYCHOSOCIAL ISSUES

43. Health Promotion	671
44. The Patient as Partner in Nursing Care Set-up	674
45. Basic Concepts of Holistic Nursing Care	677
46. Psychosocial Application in Nursing: A Theoretical Approach by Imogene King	680
47. Transcultural Nursing	685
48. Psychosocial Conceptual Models	689
49. Social Psychology	700
50. Complementary and Alternative Therapies on Health	706

APPENDICES

<i>Appendix 1: Health Days</i>	<i>715</i>
<i>Appendix 2: Themes of World Health Organization (WHO)</i>	<i>716</i>
<i>Appendix 3: Mental Health</i>	<i>717</i>
<i>Appendix 4: Defense Mechanisms</i>	<i>718</i>
<i>Appendix 5: Secrets of Health (A to Z):</i>	<i>720</i>
<i>Appendix 6: Personality Disorders</i>	<i>722</i>
<i>Appendix 7: Difference Between Psychosis and Neurosis</i>	<i>723</i>
<i>Appendix 8: Health Statistics: India's Demographic Progress and Achievements of National Family Welfare Program</i>	<i>724</i>
<i>Appendix 9: Health Statistics: Some Other Basic Health Indicators</i>	<i>725</i>
<i>Appendix 10: Health Statistics: Outlays Under the Family Welfare Programs from the First-Five-Year Plan</i>	<i>726</i>
<i>Appendix 11: Nutritional Assessment Format</i>	<i>727</i>
<i>Appendix 12: Average Height and Weight of Boys and Girls at a given Age</i>	<i>730</i>
<i>Appendix 13: Estimates from Demographic Profile</i>	<i>731</i>
<i>Appendix 14: Formulae for Calculation Some Important Vital Rates</i>	<i>732</i>
<i>Glossary</i>	<i>733</i>
<i>Index</i>	<i>757</i>