

Contents

1. Concepts of Health and Illness	1
2. Concepts of Nursing and its Profession	35
3. Ethical Aspects of Nursing	63
4. Cultural Aspects of Nursing	87
5. Legal Aspects of Nursing	99
6. Communication in Nurse–Patient Relationship	127
7. Health Promotional Nursing	157
8. Hospital Admission, Transfer, Discharge and Documentation	187
9. Health Assessment	201
10. Nursing Process	237
11. Basic Nursing Skills	311
12. Safety, Comfort and Body Mechanics	353
13. Maintaining Personal Hygiene	395
14. Promoting Sleep and Rest	447
15. Meeting Nutritional Needs/Nutrition in Nursing	461
16. Management of Bowel Elimination	501
17. Management of Urine Elimination	517
18. Management of Fluid, Electrolyte and Acid-base Balance	539
19. Management of Oxygenation	569
20. Administration of Medication	593
21. Infection Control Measures in Nursing	663
22. Biomedical Waste Management	691
23. Role of Nurses in Diagnostic Examination	709
24. Management of Stress	775
25. Perioperative Nursing and Bandaging	799
26. Management of Pain	849
27. First Aid in Emergencies	873
28. Rehabilitation/Rehabilitative Nursing	925
29. Management of Unconscious Patient	935
30. Management of Patient with Fever	941
31. Management of Patient with Shock	947
32. Management of Patient with HIV/AIDS	951
33. Management of Loss, Grief and Death	959

Glossary	971
Appendices	
<i>Appendix 1: Normal Reference Laboratory Values</i>	<i>999</i>
<i>Appendix 2: Calculations in Nursing</i>	<i>1008</i>
<i>Appendix 3: General Instruments Used in Nursing</i>	<i>1017</i>
<i>Appendix 4: Nursing Trays Used during Emergency</i>	<i>1022</i>
<i>Appendix 5: Operation Theatre Instruments</i>	<i>1023</i>
 <i>Index</i>	 <i>1033</i>