

Contents

SECTION 1: ANATOMY

1. ANATOMY OF THE EYEBALL	3
i. Cornea	4
ii. Sclera	8
iii. Limbus	9
iv. Anterior Chamber	10
v. Posterior Chamber	12
vi. Uveal Tract	12
vii. Retina	18
viii. Optic Nerve	24
ix. Lens	25
x. Vitreous Humour	27
xi. Blood Supply of Eyeball	28
2. ANATOMY OF APPENDAGES OF THE EYEBALL	31
i. Conjunctiva	31
ii. Eyelids	32
iii. Lacrimal Apparatus	36
iv. Muscles of the Eye	38
v. Levator Palpebrae Superioris	41
3. ANATOMY OF THE ORBIT	43
i. Roof	43
ii. Medial Wall	44
iii. Floor	45
iv. Lateral Wall	45
v. Orbital Contents	45
vi. Superior Orbital Fissure (Sphenoidal)	45
vii. Interior Orbital Fissure (Sphenomaxillary)	46
viii. Optic Foramen (Optic Canal)	46
ix. Surgical Anatomical Spaces within the Orbit	47

SECTION 2: PHYSIOLOGY AND NEUROLOGY OF VISION

4. PHYSIOLOGY OF THE OCULAR STRUCTURES	51
i. Aqueous Humour	51
ii. Vitreous Humour	54

iii. Cornea	55
iv. Lens	59
v. Tears	60
5. PHYSIOLOGY OF VISION	64
i. Photochemical Changes	64
ii. Electrical Changes	65
iii. Visual Perceptions (or Sensations)	69
iv. Colour Sense	76
6. THE NEUROLOGY OF VISION	84
i. Visual Pathway	84
ii. Pupillary Pathway	86
iii. Pupillary Reflexes	88
iv. Pupillary Reaction Disorders	90

SECTION 3: LIGHT AND OPTICAL PRINCIPLES

7. LIGHT AND HUMAN EYE: BASIC OPTICAL PRINCIPLES	95
i. Light and Electromagnetic Spectrum	95
ii. Basic Optical Principles of Human Eye	97
iii. Axes and Angles of the Eye	101
iv. Optical Aberrations of the Eye	102
v. Purkinje Images	108
vi. Retinal Image	109
8. ACCOMMODATION AND ITS ANOMALIES	110
i. Accommodation	110
ii. Insufficiency of Accommodation	113
iii. Paralysis of Accommodation	113
iv. Spasm of Accommodation	114

SECTION 4: REFRACTIVE ERRORS AND CORRECTION

9. ERRORS OF REFRACTION	119
i. Hypermetropia	120
ii. Myopia	123
iii. Astigmatism	127
iv. Anisometropia	132
v. Aphakia	134
vi. Pseudophakia	137
vii. Presbyopia	139

10. ESTIMATION AND CORRECTION OF REFRACTIVE ERRORS	142
i. Retinoscopy	142
ii. Autorefractometry	150
iii. Photorefraction	150
iv. Subjective Refraction	150
v. Prescription for Spectacles	152
 SECTION 5: PRACTICAL OPHTHALMICS AND CLINICAL OPTOMETRY	
11. MATERIALS—OPHTHALMIC LENS AND SPECTACLE FRAME	159
i. Ophthalmic Lens Materials	159
ii. Spectacle Frame Materials	163
12. OPHTHALMIC LENSES	170
i. Spherical Lenses	170
ii. Cylindrical Lenses	173
iii. Unit of Lens Power	174
iv. Special Types of Lenses	175
v. Transposition	178
vi. Neutralisation (Determination of Power of a Lens)	179
13. COATINGS AND TINTS OF LENSES.....	183
i. Antireflection Coating (AR Coating)	183
ii. Tints	187
iii. Photochromism	188
iv. Hard Coating/Scratch Resistant Coating	190
v. Ultraviolet Inhibitors	191
vi. Water Resistant/Hydrophobic Coating	191
vii. Polaroid Lenses	192
viii. Lens Care and Cleaning	193
14. FRAMES AND LENSES: DIMENSIONS, MEASUREMENTS AND STYLES	194
i. Spectacle Frame Dimensions	194
ii. Parts of a Frame	195
iii. Common Terminologies Associated with Frame	196
iv. Shapes of Frames	196
v. Common Types of Frames	197
vi. Special Types of Spectacle Frames	198
vii. Informations Available from the Frame	198
viii. Lens Styles	200

xvi **Textbook of Visual Science and Clinical Optometry**

ix. Optical Centre of Lens	207
x. Pupillary (or Interpupillary) Distance	207
xi. Vertex Distance	210
15. CONTACT LENS	211
i. Indications	211
ii. Advantages Over Spectacles	212
iii. Optics of Contact Lenses	213
iv. Scleral Contact Lens	214
v. Semiscleral (or Soft or Hydrogel) Contact Lens	215
vi. Corneal (or Rigid) Contact Lens	216
vii. Fitting Procedures	217
viii. Contact Lens Related Informations and Terminologies ..	220
ix. Assessment of Soft Contact Lens Fitting	222
x. Assessment of Rigid Contact Lens Fitting	223
xi. Determination of Contact Lens Power	225
xii. Complications of Contact Lens Wear	226
SECTION 6: SPECIAL CHAPTERS	
16. OPHTHALMIC INSTRUMENTATION	231
i. Slit-lamp Biomicroscope	231
ii. Tonometry	244
iii. Gonioscopy	250
iv. Indirect Biomicroscopy	258
v. Lens Measure (or Geneva Lens Measure)	263
vi. Keratometer (or Ophthalmometer)	264
vii. Lensometer (or Focimeter)	266
viii. Direct Ophthalmoscope	269
17. LOW VISION AND LOW VISUAL AID	273
i. Clinical Assessment of a Patient with Low Vision	273
ii. Management of Patients with Low Vision	276
iii. Working Principle of Low Visual Aids	277
iv. Low Visual Devices	278
18. PAEDIATRIC EYE EXAMINATION	281
i. History Taking	281
ii. Ophthalmic Examination Proper	281
iii. Clinical Examination of the Eye Proper	287
iv. Milestones—Normal Visual Maturation and Reflexes ..	288
v. Normal Visual Acuity Maturation (Age-related)	289
<i>Index</i>	291