

Contents

1. The Rationale for Nutritional Support and Organization of a Nutrition Support Service -----	1
<i>K Sriram, Eva Panizales</i>	
2. Food and Nutrient Requirements -----	13
<i>Amita Attlee, Kajal Jain</i>	
3. Assessment of Nutritional Status -----	30
<i>Mamta Srivastava</i>	
4. Assessment of Nutritional Status in Clinical Practice -----	44
<i>Jaya Benjamin</i>	
5. Carbohydrates, Proteins and Fats -----	63
<i>Namrata Singh</i>	
6. Vitamins -----	85
<i>Nandini Srivastava</i>	
7. Energy in Health and Disease -----	118
<i>Varsha</i>	
8. Starvation, Stress and Disease: Consequences -----	149
<i>Varsha</i>	
9. Enteral Nutrition: A Comprehensive Overview -----	164
<i>YK Joshi, M Joshi</i>	
10. Parenteral Nutrition: An Overview -----	178
<i>YK Joshi, Jaya Benjamin</i>	
11. Trace Elements in Parenteral and Enteral Nutritional Support -----	190
<i>K Sriram</i>	
12. Parenteral and Enteral Nutrition in Surgical Patients -----	203
<i>K Sriram</i>	
13. Nutritional Support in Stress and Injury -----	216
<i>Pravin Amin</i>	
14. Nutritional Support in the Critically Ill Patient -----	226
<i>Ram E Rajagopalan, R Rajaram, S Mahendran</i>	

15. Nutrition and Cardiovascular Disease -----	247
<i>Shiv Kumar Iyer</i>	
16. Nutrition in Renal Diseases -----	262
<i>Sanjay Gupta</i>	
17. Nutrition in Inflammatory Bowel Disease -----	290
<i>Jaya Benjamin</i>	
18. Nutritional Management of Celiac Disease -----	302
<i>Shinjini Bhatnagar, Anuja Aggarwala, Pawan Kumar</i>	
19. Nutritional Support in Liver Disease -----	317
<i>YK Joshi, Nandini Srivastava, Namrata Singh</i>	
20. Nutritional Management of Pancreatitis -----	327
<i>YK Joshi, Namrata Singh, Shallu Midha</i>	
21. Nutrition in Surgery -----	341
<i>Sudershan Ballal</i>	
22. Diet Therapy in Diabetes Mellitus -----	353
<i>Rekha Sharma, Swapna Chaturvedi</i>	
23. Nutritional Management in Cancer Patients -----	367
<i>KM Mohandas</i>	
24. Nutritional Support in Geriatrics -----	383
<i>K Sriram</i>	
25. Probiotics -----	397
<i>Kumar Kirti</i>	
26. Antioxidants -----	404
<i>Payal Bhardwaj</i>	
27. Immunonutrition -----	413
<i>YK Joshi</i>	
28. Role of a Nurse in Nutritional Management -----	420
<i>Swapna Naskar Williamson, Mala Goswami</i>	
29. Methods of Food Preparation -----	429
<i>Sandhya Kumar</i>	
<i>Appendices</i> -----	437
<i>Index</i> -----	445